



Flannel Flower

Botanical name: Actinotis helianthii

Family: Apiaceae

Common names: Flannel Flower

Country of Origin: Australia – coastal NSW & QLD

Available: September to December

Stem Length: 30 to 60 cm



Flannel flowers are common in the sandstone country around Sydney and to the north, and have long been a popular wildflower. The leaves

are silver-grey and velvety in texture, giving rise to the common name. The flowers are white and consist of 10 velvety, “petal-like” bracts, so that the flowers have a daisy-like appearance. Unlike many daisy-like flowers, the bracts in flannel flowers are soft and floppy, not stiff. Some varieties have grey or green tips to the bracts, but for the most part flowers are white throughout, including the centres. There are several flowers per branch.

Flannel Flowers are harvested from the bush but these days more are now grown in plantations. Most are grown in NSW and QLD.

When Buying Look for:

- Buy when flowers are half to fully open and have a fluffy appearance;
- Avoid bunches with floppy tips or seed pods.

Flower Care

1. Always wear gloves when handling.
2. Keep cool at all times.
3. Strip leaves from the bottom half of each stem and wash thoroughly.
4. Recut at least 2 cm off each stem and place in water immediately.
5. Always use a preservative as this will help buds to open.
6. Replace vase water with fresh preservative every 1 to 2 days.
7. To dry, hang upside down in a well ventilated room.

Interesting Facts and Myths

Flannel flowers and leaves are covered by fine hairs that can cause an allergic reaction in some people. Always wear gloves when handling.

THIS WEEK'S PRICES

NAME	STEMS PER BUNCH	PRICE RANGE
ACONITUM (MONK'S HOOD)	5	\$9.00 TO \$10.00
AGAPANTHUS	7	\$3.50
AGERATUM	10	\$4.00 TO \$5.00
ALSTROEMERIA	SML - 7, LGE - 10	\$3.50 TO \$6.00
AMARANTHUS	10	\$6.00 TO \$8.50
ANEMONE	10	\$3.00 TO \$4.00
ANTHURIUM	PER STEM	\$4.50
ARABS EYES	5	\$3.50 TO \$4.50
ASTERS		\$2.00 TO \$2.50
ASTERS (GLASSHOUSE)	4-7	\$4.50
BANKSIA - BAXTERI	PER STEM	\$1.20 TO \$2.50
BANKSIA - COCCINEA	5	\$5.00
BANKSIA - HOOKERIANA	PER STEM	\$1.60
BANKSIA - MENZIESII	PER STEM	\$1.40 TO \$1.80
BANKSIA - PLAGEOCARPA	PER STEM	\$2.50
BANKSIA - SPECIOSA	PER STEM	\$1.20 TO \$2.00
BELLADONNA LILY	5	\$6.00 TO \$7.00
BOUVARDIA		\$4.00 TO \$7.00
BRUNIA	5	\$4.00 TO \$15.00
CALLA LILY	5	\$7.50 TO \$15.00
CARNATION - MICRO	10	\$2.00 TO \$3.50
CARNATION - FIELD		\$1.50 TO \$3.00
CARNATION - SPRAY		\$2.50 TO \$5.50
CARNATION - CHINESINI	10-15	\$2.50 TO \$3.50
CARNATION - FIELD		\$1.50 TO \$2.50
CARNATION - SIM		\$3.00 TO \$4.00
CELOSIA - COCKSCOMB	5	\$4.00 TO \$7.00
CELOSIA - PLUME	5	\$5.00
CHRYSANTHEMUM - FIELD		\$2.50 TO \$3.50
CHRYSANTHEMUM - GLASSHOUSE	5-7	\$4.00 TO \$5.00
COSMOS		\$2.00
DAHLIA	5	\$3.00 TO \$3.50
DAHLIA - POM POM		\$2.00
DAISY		\$2.50 TO \$3.50
DELPHINIUM - GIANT	5	\$4.00 TO \$6.00
DELPHINIUM - BUTTERFLY	5	\$4.00 TO \$5.50
EASTER DAISY		\$2.50 TO \$3.50
EREMURUS	10	\$5.00 TO \$8.00
ERICA	10	\$5.00 TO \$6.00
ERYNGIUM (SEA HOLLY)		\$6.50 TO \$7.50
FLANNEL FLOWER	5	\$5.00
FREESIA	10	\$5.00 TO \$6.00
GERBERA	10	\$5.00 TO \$8.00
GERBERA - MINI	10	\$3.50 TO \$5.50
GLADIOLI	10	\$6.00 TO \$11.00
GLORIOSA LILY	3	\$5.00 TO \$15.00
GOLDEN ROD	10	\$2.50 TO \$4.00
GREVILLEA	5	\$3.50
GYPSOPHILA - STANDARD		\$3.00 TO \$5.00
GYPSY		\$3.00
HELICONIA	5	\$6.00
HELICONIA CLAW	PER STEM	\$4.00 TO \$7.50
HELICONIA SEXY	PER STEM	\$7.50 TO \$10.00
HYACINTH		\$5.00 TO \$7.00
HYDRANGEA	5	\$4.00 TO \$6.00
IRIS	10	\$4.50 TO \$6.50
KANGAROO PAW -BLACK		\$8.00
KANGAROO PAW - STANDARD	10	\$5.50
LAVENDER		\$3.50
LEUCADENDRON	5	\$2.00 TO \$5.00
LEUCADENDRON - DISCOLOUR	5	\$4.00 TO \$5.00
LEUCADENDRON - GALAPINI	5	\$4.50
LEUCADENDRON - SILVAN RED	5	\$3.00 TO \$5.00
LEUCODENDRON - SILVER TREE		\$3.00
LEUCOSPERMUM - REFLEXUM	5	\$3.00 TO \$5.00
LEUCOSPERMUM - TANGO	5	\$6.00
LIATRIS	10	\$3.50 TO \$7.00
LILY - ASIATIC	5	\$3.00 TO \$5.50
LILY - LONGIFLORUM	5	\$5.00 TO \$10.00
LILY - ORIENTAL	4-5	\$5.00 TO \$10.00
LILY - LA	5	\$3.00 TO \$6.00
LIMONIUM - EMILE	10	\$3.50 TO \$4.50
LIMONIUM - MISTY	10	\$4.00 TO \$5.00
LIMONIUM - STATICE	10	\$2.00 TO \$2.50
LISIANTHUS	7-10	\$3.50 TO \$7.50
LOPHOSTEMON	5	\$4.50
LOTUS PODS		\$3.00
NERINES	5	\$4.00 TO \$5.00
ORCHID - CYMBIDIUM	PER STEM	\$13.00 TO \$17.00

NAME	STEMS PER BUNCH	PRICE RANGE
ORCHID - SINGAPORE	5	\$4.00 TO \$8.00
ORCHID - SLIPPER	PER BLOOM	\$6.50
ORCHID - TIGER	5	\$11.50
PROTEA - KING	PER STEM	\$2.00 TO \$3.00
PROTEA - PENCIL	5	\$3.50
PROTEA - PINK ICE		\$2.50 TO \$6.50
ROSE - 30CM	10	\$3.00 TO \$4.00
ROSE - 40CM	10	\$4.00 TO \$5.00
ROSE - 50CM	10	\$5.00 TO \$6.00
ROSE - 60CM	10	\$6.00 TO \$7.00
ROSE - 70CM+	10	\$7.00 TO \$8.00
ROSE - MINI	10	\$4.50 TO \$6.50
SAFFLOWER (CARTHAMUS)	10	\$6.00
SEDUM	10	\$5.00 TO \$6.00
SNAPDRAGON	10	\$2.50 TO \$3.50
SOLIDASTER	10	\$3.00 TO \$3.50
STEPHANOTIS	BOX OF 20 HEADS	\$25.00
STRAWBERRY FIELDS (GOMPHRENA)		\$2.50 TO \$4.00
STRELITZIA - BIRD OF PARADISE	5	\$7.00 TO \$10.00
SUNFLOWERS	5	\$2.50 TO \$4.00
SWEET WILLIAM		\$2.00 TO \$3.00
TUBEROSE	5	\$3.50 TO \$6.00
TULIPS	10	\$6.00 TO \$9.00
WATER LILIES	5-7	\$5.00 TO \$8.00
FOLIAGE		
ACACIA APHYLLA		\$5.50 TO \$6.50
BANANA LEAF	20	\$20.00
BIXIA	5	\$7.50
BLACKBERRY FOLIAGE	10	\$4.50
BOTTLEBRUSH (SPARSA)	10	\$4.50 TO \$5.50
BULLRUSHES	4	\$5.00 TO \$6.00
BUXUS	7	\$3.00 TO \$3.50
CAMELLIA		\$4.50 TO \$5.00
CHESTNUT FOLIAGE	10	\$4.00 TO \$5.00
CLETHRA		\$5.50
COLOURED STICKS	6	\$25.00
CORDYLINE	10	\$4.50 TO \$5.00
CROTON	10	\$3.00 TO \$3.50
CYPRUS	10	\$2.50
EMU BUSH		\$3.00 TO \$5.00
FAN PALM	10	\$5.00
FILICA		\$4.00
FLAX		\$3.50 TO \$7.50
GARRYA	3	\$4.00 TO \$5.00
GERBERA FOLIAGE		\$3.00
GINGER FOLIAGE		\$5.00
GUM		\$2.50
HAPPY PLANT	10	\$6.00
HOLLY (GOLDEN)	5-6	\$5.00 TO \$6.00
HOSTA LEAVES		\$4.00
HYDRANGEA FOLIAGE	5-6	\$4.00 TO \$6.00
HYPERICUM BERRIES	10	\$5.00 TO \$8.00
IVY		\$3.00 TO \$4.50
JOEY FERN	10	\$4.00 TO \$5.00
KOALA FERN	10	\$4.50
LAUREL		\$4.50
LEATHER FERN		\$4.00 TO \$5.00
MAGNOLIA FOLIAGE	5	\$6.00 TO \$9.00
MAPLE		\$5.00
MELALEUCA	10	\$5.00
MING FERN		\$4.50
MOLUCCA BALM (IRISH BELLS)	5	\$4.50 TO \$5.50
MONSTERIA LEAVES		\$6.50 TO \$9.00
NANDINA		\$3.50
OKRA PODS	3	\$9.00
PAPYRUS	5	\$5.00 YO \$8.00
PEPPER CORN		\$4.50 TO \$5.50
PHILODENDRON - XANADU	5-6	\$4.00 TO \$6.00
PIMELLA		\$3.50 TO \$4.00
RED WILLOW	5	\$5.00
SILVER BUSH	5	\$3.00 TO \$5.00
SILVER TREE		\$3.00
SILVER SUEDE		\$5.00 TO \$6.00
SPEAR GRASS		\$2.00 TO \$3.00
TETRAGONA GUM NUTS	10	\$5.50 TO \$6.50
UMBRELLA BERRIES (LIPSTICK)	5	\$8.00
WINTER SWEET	5	\$7.50
WOODY PEAR	PER STEM	\$1.00

This newsletter is posted weekly on the Melbourne Markets website, www.melbournemarkets.com

National Flower Centre Australia, Box 1, 542 Footscray Road, West Melbourne VIC 3003 Tel: (03) 9687 7714

Prices quoted are per bunch and exclude GST. Bulk orders may receive lower prices depending on availability